

Nurse Residency

Duration: One Year

PHASE 1: Unit Orientation

- 12 weeks: You will spend the entire 12 weeks of your precepted experience in the Post Anesthesia Care Unit.
- You will rotate briefly through different areas within the Perioperative department, including Pre-op and the Operating Room. You will be cross-trained to work in both units within the Post Anesthesia Care Unit — Phase 1 (Main Recovery Room) and Phase 2 (Outpatient/ Discharge Unit).
- Throughout the 12 weeks, you will complete an ASPAN-developed Competency Based Orientation program that will focus on safe and effective patient care and recovery from anesthesia in the post-operative areas. During this time, there will be hands-on learning, computer-based documentation training, and checkoffs with the Post Anesthesia Care Unit mentor on Post Anesthesia Care Unit-specific competencies including equipment, policies and management of emergent situations.

PHASE 2: Home Unit Placement

- Upon successful completion, you will be offered a position in the Post Anesthesia Care Unit. This will be a day or night shift, depending on staffing needs.
- After your first 12 weeks, you will attend required critical care education classes.

PHASE 3: Professional Development Lectures

- As part of the yearlong Nurse Residency Program and while working in the Post Anesthesia Care Unit, you will attend four lecture classes to continue developing your skills.
- **Topics include:** Delegation, communication, time management, conflict resolution, and clinical and ethical decision making.

Evidence-Based Project

- You will complete an evidence-based project (not research) at the one-year mark with the help of your nurse manager and clinical mentor to signify completion of the nurse residency program. You will prepare and present a poster of your project to your Unit-Based Practice Committee. This can be completed as an individual or a group.



Interested?

Visit [LexingtonMedical.Center/NurseResidency](https://www.lexingtonmedicalcenter.com/NurseResidency) for more information or to apply. Email us at LMCNurseResidency@lexhealth.org.