

Smoking Cessation
**Freedom From
SMOKING**



Smoking Cessation Classes

Lexington Medical Center offers free smoking cessation clinics to the public.

Quit smoking with the support of this **free program** that meets at various Lexington Medical Center locations throughout the year. The Freedom from Smoking program consists of eight two-hour sessions and boasts a 57% quit rate (compared to the national average of 17 to 23%).

June 28 through August 16, 2022

6:00 to 8:00 p.m.

Lexington Medical Center Main Campus

North Tower 5th Floor Classroom A

2720 Sunset Boulevard • West Columbia, SC

August 23 through October 11, 2022

6:00 to 8:00 p.m.

Lexington Medical Center Northeast

3016 Longtown Commons Drive • Columbia, SC

October 18 through December 6, 2022

6:00 to 8:00 p.m.

Lexington Medical Center Lexington

811 West Main Street • Lexington, SC

To register, please call
(803) 358-6168.

Free smoking cessation clinics are provided by
the Lexington Medical Center Foundation.

 **LEXINGTON
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LexMed.com